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For: Keeping in Touch Newsletter

## Sweet Adeline Psychologist Heads to Nashville



Dr. Jennifer Jablonski (5<sup>th</sup> from left, bottom row), pictured singing with Greater Nassau Chorus of Sweet Adelines International during their annual show in December 2008.

Licensed Psychologist, Jennifer Jablonski, Ph.D., of Ward 201 and the Lighthouse Dialectical Behavior Therapy program is performing in Nashville this October as a member of Greater Nassau Chorus.

This 85-member ensemble is a chapter of Sweet Adelines International, a worldwide organization of women singers committed to advancing the musical art form of barbershop harmony through education and performance. As 2008 Regional champions, they earned the privilege of competing with other championship choruses from around the globe in their ninth International competition this fall.



Jablonski has been an enthusiastic member of this award-winning a cappella ensemble since 2005 and has participated in two previous International contests. "I love Greater Nassau Chorus," she says. "Everything about it—the music, the challenge, the discipline, the energy and enthusiasm, and of course, the friendships. It's great being able to share so many accomplishments and fun experiences with my chorus family. I can't wait until Nashville!"

In addition to singing baritone with the chorus, Jablonski is a member of Greater Nassau Chorus' Management Team, which plays a vital role in facilitating Greater Nassau's community activities such as presenting concerts, sponsoring scholarships, and performing in benefits. She is currently their Marketing / PR Coordinator but has formerly served as their Membership Coordinator and Chapter Activities Coordinator.

"Management Team a really excellent learning experience that adds to my enjoyment of the chorus," Jablonski states. "Having the opportunity to do things such as plan events, orient new members, design ads, and collaborate with other team members has enriched my professional development. I've become a better psychologist, supervisor—and person—because of it."

The public can view the Sweet Adelines International chorus and quartet competitions live on the Web October 20-24 at <u>http://www.sweetadelineintl.org/webcast.cfm</u>.

Women are invited to discover the joy of singing chord-ringing, fun-filled music a cappella-style with Greater Nassau Chorus. For information about membership and upcoming performances visit <u>www.greaternassauchorus.org</u>.